

Unicorse

What should be included:

- Book – Unicorse
- Unicorse Puppet
- Trouble Game
- Feelings Pineapple & Accessories

Book and Activity:

Read Unicorse:

The Bluey book, Unicorse, is about a time when Bluey has trouble falling asleep, so Mom reads her a story. Dad has an annoying hand puppet named Unicorse, who keeps interrupting the story. Even though Mom and Bluey are getting annoyed by Dad's interruptions, Mom is able to keep reading and Bluey tries to fix the situation.

Begin by sharing this book with your child, you can look through the book together and talk about what he/she sees. Let your child have some time to look through the book, or just read it.

- After you have read the book with your child, take some time to talk with your child about:
 - Unicorse and some of the ways she interrupted the story
 - How Mom reacted
 - Some of the ways Bluey tried to help
 - Things Mom suggested to try that might help

***This story helps us to understand that even though we cannot control other people's actions, we are fully in control of how we react to them.**

Activity:

Part One

- Help your child think of some things he/she finds annoying
- Allow your child to play with the Unicorse puppet, making the puppet behave like it did in the book (or any other ways to be annoying)

- He/she can do annoying things to you, other family members or stuffed animals
- Have whoever your child is trying to annoy show different reactions to the experience, and then talk about which reactions would be a good way to react and which ones would not be
- Then, you use the puppet to annoy your child and talk about his/her reactions. Decide which would be better reactions and why

Part Two

- Play the game **TROUBLE** with your child *(Instructions are attached to the back of the game board)
- This game can help you and your child practice “good” reactions to things that are annoying 😊

Social Emotional Activity:

- Remove the Pineapple and its pieces from the bag and give your child some time to just play with it
- Next, show your child a picture and talk about how our faces can help us know how someone is feeling. Name the feeling shown in the picture, and then see if he/she can find the face pieces to make the pineapple look like it does in the picture.
- When you feel like your child is familiar with some of the feelings, give your child some scenarios and ask him/her to fix the pineapples face to show how the person might feel in each scenario.
- You can then make this activity more personalized for your child by talking about a situation that actually happened in your family. Have him/her make the pineapple show how the people felt. *This is a great time to bring up and work through a situation that he/she is actually experiencing, such as: “How did you feel when it was raining and we couldn’t go to the park?” or “How do you think Grandma would feel if we said we were coming to visit her?”

Bluey Fun:

Musical Statues (Season 3, Episode 27)

If you are not familiar with this episode, feel free to watch it on YouTube or Disney+ 😊

*At the end of a long day, Bluey and her family are feeling all out of sorts, so Mom decides everyone will play a game called “Musical Statues”. It gets everyone dancing and having FUN!

- After watching the video, you and your child play a game of Musical Statues
- Try it using Bluey’s rules
- Try making up your own rules
- Just dance and have FUN 😊