

Mum School

What should be included:

- Book – Mum School
- Balloons
- Hot Dots Book – Building Character
- Hot Dots Pen
- Bluey Basket
- Bluey Finger Puppets

Book and Activity:

Read – Mum School:

The book, Mum School, finds Bluey playing Mom to a bunch of bouncy balloons. She discovers that being a mom can be much harder than she thought.

Mum School has some great lessons for both kids and parents:

- First for parents, your child is watching and listening to everything you do (Bluey learned from Dad a better way to handle “Greenie”)
- Next for kids, it gives your child the knowledge that as the parent you don’t always know exactly how to handle each situation, but the way you handle each one is because you LOVE your child 😊

Activities:

It's Your Turn:

It is your turn to be in Mom/Dad school:

- Begin by blowing up the balloons – these are the “children”
- Name your children – you can use Bluey’s names or think of your own
- Using the balloons try retelling the story of Mum School
 - Help your child retell the part of Bluey’s parenting and situations
 - Help your child retell the part of Dad’s parenting and situations
 - Talk about things Dad did with Bingo that helped her react better

- Explain that your child can use some of these same ideas when playing with friends (instead of just demanding siblings/friends to do things)
- Using the balloons, try acting out situations between you and your child, situations with your child's siblings, and/or your child's friends

Social Emotional Activity:

- Before you begin actually working through the Hot Dots activity book about Building Character, have your child practice touching the Hot Dots pen to the dots - explaining when he/she chooses the answer the pen will light up "green" for the best answer and light up "red" for try again
***Look on the inside back cover of the book to get your Hot Dots pen to work properly**
- The scenarios in this book provide some examples of the what it might look like for your child to show good character and what it might look like for your child to not show good character. However, some may not be experiences in which your child is familiar - so this opens opportunities for good discussions for similar scenarios that your child may have encountered or will encounter.

Bluey Fun:

Finger Puppet Play:

- Before you begin the finger puppet activity, let your child have some time to explore the puppets and Bluey basket
- Begin finger puppet play by hiding the finger puppets and allowing your child to carry the Bluey basket around to find them
- When all the puppets have been found, you and your child can use them several different ways:
 - Build Social Skills
 - ✓ Practice taking turns
 - ✓ Practice having conversations
 - ✓ Act out behaviors (with appropriate outcomes)
 - ✓ Work through emotions
 - Build Literacy Skills

- ✓ Retell your favorite Bluey episodes
- ✓ Hide a puppet and use descriptive words to guess which one
- ✓ Create a new story
- ✓ Sing the song “Where is _____?” and other finger rhymes

Keepy Uppsy (Bluey's Balloon Game)

- Using one of the balloons from “Mum School”, bop it up in the air and try to continue bopping it so that it doesn’t touch the ground
- Your child can play this game alone or with you
- This is a good time to practice rote counting and see how many times you and your child can bop the balloon in a row without it touching the ground (you can also say the alphabet to measure how long you can keep the balloon off of the ground)