

Shadowlands

What should be included:

- Book – Shadowlands
- Squishmallow Bluey
- Felt Faces
- Picnic Basket
- Flashlight
- Play-Dough & Play-Dough Accessories
- Bluey and Friends Figures

Book and Activity:

Read – Shadowlands:

The book, Shadowlands, finds Bluey and her friends, Coco and Snickers, playing games while on a picnic. Coco always wants to change the rules while playing, but Bluey helps her see that sometimes it's the rules that make it fun.

Shadowlands helps to demonstrate that just because Bluey and Coco play games for different reasons, and while neither reason is wrong, it can sometimes cause differences. Coco plays to win (and willing to change the rules to accomplish this goal) and Bluey plays for the fun and the experience. * **This is a good time to discuss with your child the possibility of experiencing both as he/she enters school.**

Activity:

- Try helping the little Bluey, Coco and Snickers figures to jump from shadow to shadow without getting into the crocodiles to reach the cupcakes.
- To begin, use Play-Dough and accessories to make a cupcake for each of the 3 friends
- Next, lay the cupcakes a distance from Bluey and her friends
- Then using the flashlight, you can make shadows for them to jump until the 3 friends reach the cupcakes
- You can try stacking blocks or positioning other toys to shine your flashlight around to make extra shadows

- Help your child “Problem-Solve” as the friends jump from shadow to shadow to reach the cupcakes

Social Emotional Activity:

Felt Faces:

- This activity helps your child learn to identify 4 different feelings, as well as, ways to appropriately express them
- Begin by using the 4 Feelings Cards. Show each card to your child one at a time
- Talk about what feeling is being expressed by the face in the picture on the card
- After discussing each card, lay out the felt pieces and one of the Feelings Cards and have your child use the felt pieces to make a face that matches the face on the card
- While he/she is working on making the felt face, use the information on the back of that card to talk about that feeling
- Continue this play until your child has a chance to make a felt face for each card

Bluey Fun:

Shadowlands:

Now it's your turn to help Bluey jump the shadows to the picnic area without letting the crocodiles get her 😊

- To begin, set up the picnic set (this is where you are going to jump to)
- Next pick a spot to begin your jumping (some distance from the picnic you set up)
- Now while holding the Squishmallow Bluey, begin jumping from shadow to shadow to successfully get her to the picnic
- You can use the flashlight and objects to make shadows as needed
- When you arrive at the picnic area, have a picnic with your child and Bluey