

Magic Xylophone

What should be included:

- Book – Bluey's And Bingo's Book of Singy Things
- Xylophone
- Rolling For Feelings Activity
- Bluey Figures (Bluey, Bingo, Mom and Dad)
- Bluey Family Vehicle

Book and Activity:

Read – Bluey and Bingo's Book of Singy Things:

The book, Bluey and Bingo's Book of Singy Things, is a collection of some of Bluey's and Bingo's songs that are heard throughout many different episodes. This book can be used in several ways, such as:

- Simply reading the words to the songs or chants and looking at the pictures
- Try to name the Bluey episode each song/chant is from
- Retell what was happening when each song/chant was being sung in the episode
- Watch an episode that contains each of the songs/chants

Activity:

After reading and listening to Bluey and Bingo's songs, it is time for you and your child to play a game with the use of a musical instrument.

- First just let your child have some time to play with the xylophone
- When he/she is ready for directed play, explain to your child that it's time to play one of Bluey and Bingo's favorite games –**Magic Xylophone (Season 1, Episode 1)**

Magic Xylophone - is a game where Bluey and Bingo are using a xylophone to freeze and unfreeze Dad. While the girls have Dad frozen, they do funny things to him. Then, when the girls unfreeze Dad, he chases them.

- To play the game one, person has the xylophone and taps the yellow key to freeze a chosen person. This person remains frozen until the person with the xylophone hits it again to unfreeze him/her. Below are some ideas for you and your child to use on the frozen person when playing Magic Xylophone:
 - Dress him/her in funny hats or clothes
 - Put clothes/shoes on wrong parts of his/her body (shoes on hands)
 - Make him/her hold funny things (stuffed animals, toys, etc.)
 - Move his/her body parts to do silly things (one hand on head & one hand on belly)
- After playing Magic Xylophone like Bluey does, try making your own rules for the game (example: freeze **everyone** playing and tell them silly things to do)
- Also, don't forget to **TAKE TURNS** being the person playing the xylophone 😊

Social Emotional Activity:

Rolling For Feelings Game – This game is an active game to help children begin to recognize and express feelings.

To Begin:

- To begin, get out the green Feelings Cube (the cube with children expressing different feelings). Let your child look at all the different sides of the cube.
- Then, using the Feelings Poster Picture, help your child match the pictures on the cubes to the pictures on the poster and name each feeling
- Next, allow your child to roll the green Feelings Cube and then help him/her do one or more of the following for that feeling:
 - Identify that feeling
 - Make his/her face show that feeling
 - Name something that makes him/her express that feeling
 - Tell about a time he/she had that feeling
- Take turns rolling the Feelings Cube – it will be very beneficial for your child to see and hear about your feelings 😊

Game Variation:

- Introduce the purple Character Cube (the cube with different animals). Let your child look at all the animals and talk about how each of the animals may express his/her feelings (different sounds, movements, etc.)
- Then take turns rolling both the Feelings Cube and the Character Cube. Try to show one or more of the following for the animal:
 - How the animal might sound and move to express that feeling
 - Name something that might make the animal have that feeling

Bluey Fun: (“Road Trip” – Season 2, Episode 46)

This episode of Bluey has Mom trying to help Bluey and Bingo think of things to keep the girls entertained on the family road trip. Dad tries very hard to get to their camp before the other campers, so the family doesn't get the campsites right by the toilets.

Lessons from the “Road Trip” episode:

- You can make your own fun
- It is okay to be bored
- It is more fun making good memories than making good time

*Take some time to talk about these lessons and together help your child think of times he/she might be bored and what things could he/she could do to make his/her own **FUN** 😊

After watching “Road Trip” (available on YouTube and Disney+), help your child to:

- Use the Bluey Characters (Bluey, Bingo, Mom and Dad) and the family vehicle to retell and act out the different parts of this episode
- Use the Bluey Characters and Family vehicle to retell and act out one of **YOUR** family road trips
- Use the Bluey Characters and Family vehicle to make up your own Road Trip for Bluey's family